

# PARACYCLING BIRA XXI. PROGRAM.



SAIATU FUNDAZIOA

Lehendakari Agirre 5-7 Bajo 48014 BILBAO

Tel: 94.476.62.00



Email: [saiatu@saiatu.org](mailto:saiatu@saiatu.org)





## INTRODUCTION

The SAIATU Foundation calls and organizes the XXI edition of the PARACYCLING BIRA to be held in Bizkaia on June 29<sup>th</sup> and 30<sup>th</sup>, 2019.

The BIRA is the most veteran race on the international cycling calendar. From 1997 until the 2016 edition, which was considered by UCI, the World Cup, it was uninterruptedly carried out annually. After not having been summoned in the last two years, Saiatu wants to put BIRA back on the calendar of the international peloton.

The format of the test, the fact that it is open to all disability categories and the sporting and competitive environment of it, has given it a prestige that not only makes the UCI consider it a scoring test for the 2019 ranking, but also a meeting place for the best of world para-cycling.

The fact that we have been able to celebrate 20<sup>th</sup> editions of the BIRA is a mark of seriousness that is always welcomed by the athletes, who find in this event a point indicated in their competition planning.

The 2019 edition is faced with the same enthusiasm and desire as in previous years for the trials to be of interest to athletes, teams and teams.





## MODALITIES.

The Paracycling BIRA to Bizkaia is open to athletes (Men and Women) of the following modalities and categories.

- Bicycles: C1, C2, C3, C4 and C5.
- Tricycles: T1 and T2
- Handbikes. H1, H2, H3, H4, H5.
- Tandems.

## COMPETITION PROGRAM.

The Paracycling BIRA consists of two stages: Race Road and, Time Trial, with three different scenarios.

Tricycles MT1, WT2.

DAY/HOUR	STAGE	ROUT	KM	MODALITY
29/6/19 9:45 h	1 <sup>a</sup>	Bilbao-Bilbao (Artxanda)	10,5	C.R.I/T.T
30/6/19 10:45h	2 <sup>a</sup>	Elorrio-Elorrio	14,8	Fondo/Road

Tricycles MT2.

DAY/HOUR	STAGE	ROUT	KM	MODALITY
29/6/19 9:45 h	1 <sup>a</sup>	Bilbao-Bilbao (Artxanda)	10,5	C.R.I/T.T
30/6/19 10:47h	2 <sup>a</sup>	Elorrio-Elorrio	22,2	Fondo/Road

Tricycles WT1.

DAY/HOUR	STAGE	ROUT	KM	MODALITY
29/6/19 9:55 h	1 <sup>a</sup>	Bilbao-Bilbao (Artxanda)	10,5	C.R.I/T.T
30/6/19 10:46h	2 <sup>a</sup>	Elorrio-Elorrio	7,4	Fondo/Road





Bikes. MC1, MC2. MC3, MC4, MC5.

DAY/HOUR	STAGE	ROUT	KM	MODALITY
29/6/19 10:00 h	1 <sup>a</sup>	Bilbao-Bilbao (Artxanda)	10,5	C.R.I/T.T
30/6/19 11:05h	2 <sup>a</sup>	Elorrio-Elorrio	59,2	Fondo/Road

Bikes. WC1, WC2. WC3, WC4, WC5

DAY/HOUR	STAGE	ROUT	KM	MODALITY
29/6/19 10:40 h	1 <sup>a</sup>	Bilbao-Bilbao (Artxanda)	10,5	C.R.I/T.T
30/6/19 11:00 h	2 <sup>a</sup>	Elorrio-Elorrio	51,8	Fondo/Road

Tandems. MB.

DAY/HOUR	STAGE	ROUT	KM	MODALITY
29/6/19 11:00 h	1 <sup>a</sup>	Bilbao-Bilbao (Artxanda)	14,0	C.R.I/T.T
30/6/19 11:10 h	2 <sup>a</sup>	Elorrio-Elorrio	74,0	Fondo/Road

Tandems. WB.

DAY/HOUR	STAGE	ROUT	KM	MODALITY
29/6/19 10:50 h	1 <sup>a</sup>	Bilbao-Bilbao (Artxanda)	14,0	C.R.I/T.T
30/6/19 11:15h	2 <sup>a</sup>	Elorrio-Elorrio	59,2	Fondo/Road



Handbike MH2, MH3, MH4, MH5.

DAY/HOUR	STAGE	ROUT	KM	MODALITY
29/6/19 15:45h	1 <sup>a</sup>	Etxebarri	40,0	Fondo/Road
30/6/19 09:55h	2 <sup>a</sup>	Elorrio-Elorrio	22,2	C.R.I/T.T

Handbike WH2, WH3, WH4, WH5, MH1.

DAY/HOUR	STAGE	ROUT	KM	MODALITY
29/6/19 15:47h	1 <sup>a</sup>	Etxebarri	32,0	Fondo/Road
30/6/19 09:46h	2 <sup>a</sup>	Elorrio-Elorrio	14,8	C.R.I/T.T

Handbike WH1.

DAY/HOUR	STAGE	ROUT	KM	MODALITY
29/6/19 15:50h	1 <sup>a</sup>	Etxebarri	28,0	Fondo/Road
30/6/19 09:45h	2 <sup>a</sup>	Elorrio-Elorrio	7,4	C.R.I/T.T

## BILBAO-BILBAO (ARTXANDA)

CATEGORY	MODALITY	KM CIRCUIT	LAPS	KM
MT	T.T	10,5	1	10,5
WT	T.T	10.5	1	10,5
MC1, MC2, MC3, MC4, MC5	T.T	10.5	1	10,5
WC1, WC2, WC3, WC4, WC5	T.T	10.5	1	10,5
MB	T.T	14.0	1	14,0
WB	T.T	14,0	1	14.0

## ELORRIO - ELORRIO

CATEGORY	MODALITY	KM CIRCUIT	LAPS	KM
MT2,	Fondo/Road	7,4	3	22,2
WT1	Fondo/Road	7,4	1	7,4
MT1, WT2	Fondo/Road	7,4	2	14,8
MH2, MH3, MH4, MH5	CRI/TT	7,4	2	14,8
WH2, WH3, WH4, WH5, MH1	CRI/TT	7,4	2	14,8
WH1	CRI/TT	7,4	1	7,4
MC1, MC2, MC3, MC4, MC5	Fondo/Road	7,4	8	59,2
WC1, WC2, WC3, WC4, WC5	Fondo/Road	7,4	6	44,4
MB	Fondo/Road	7,4	8	59,2
WB	Fondo/Road	7,4	10	74,0

## ETXEBARRI-ETXEBARRI

CATEGORY	MODALITY	KM CIRCUIT	LAPS	KM
MH2, MH3, MH4, MH5	Fondo/Road	4,0	10	40
WH2, WH3, WH4, WH5, MH1	Fondo/Road	4,0	8	32
WH1	Fondo/Road	4,0	7	28



## STAGE 1. ARTXANDA. C, B, T.

LOCATION	INCIDENCE	Ref. ROAD	KM RACE	TIMETABLE
Galdakao	START "Frontón El Vivero"	BI 3732	0	9:30:00
Galdakao.	Crussing Zamudio	BI 3732	0,400 km	
Galdakao.	Crussing P. Atracciones	BI 3732	1,750 km	
Galdakao.	Crussing Azpuru	BI 3732	3,200 km	
Galdakao.	Crussing Azpuru	BI 3732	3,300 km	
Galdakao.	Crussing Sandoni	BI 3732	4,100 km	
Galdakao.	Crussing Sandoni	BI 3732	4,200 km	
Galdakao.	Crussing Sandoni	BI 3732	4,650 km	
Galdakao.	Crussing El León	BI 3732	4,850 km	
Bilbao	ROUNDAABOUT "ALTO STO. DOMINGO" Turn → Return.	BI 3732	5,250 km	
Galdakao	Frontón El Vivero. ARRIVAL.	BI 3732	10,500 km	

600



## STAGE 2. ETXEBARRI-ETXEBARRI (H)

**Title of the race:**



### XXI PARACYCLING BIZKAIKO BIRA

**Organizer Club:** SAIATU

**Telephone:** +34 944766200

**Fax:** +34 944471471

**Mobile Phone:** +34 629291368

**E-mail:** [saiatu@saiatu.org](mailto:saiatu@saiatu.org)

**Celebration Date:** Jun 29<sup>th</sup> 2019

**Hour:** 15.45 hrs.

**Category:** Adapted cycling

**Type of event:** International

**Place of celebration:** Etxebarri

**Registration Place:** Etxebarri

## ROUTMETRES

LOCATION	INCIDENCE	Ref. ROAD	KM RACE	TIMETABLE	PERS. AUX
Etxebarri	Forua Street – START		0,000	15.45	6
Etxebarri	Sabino Arana Bridge		0,350		4
Etxebarri	Nerbioi Street		0,390		4
Etxebarri	Bizkaia Street		0,800		4
Etxebarri	Gipuzkoa Street		1,100		2
Etxebarri	Gorbeia Street – Rotonda		1,600		2
Etxebarri	Anboto Street		2,200		6
Etxebarri	Gorbeia Street – Roundabout		2,400		4
Etxebarri	Zuberoa Street		2,800		2
Etxebarri	Nerbioi Street		2,900		2
Etxebarri	Sabino Arana Bridge		3,100		2
Etxebarri	Bernar Etxepare		3,600		2
Etxebarri	Forua Street		4,000	17,30	4

## STAGE 2. ETXEBARRI-ETXEBARRI



### STAGE 3. ELORRIO-ELORRIO

**Title of the race:**



**XXI PARACYCLING BIZKAIKO BIRA**

**Organizer Club:** SAIATU

**Telephone:** +34 944766200

**Fax:** +34 944471471

**Mobile Phone:** +34 629291368

**E-mail:** [saiatu@saiatu.org](mailto:saiatu@saiatu.org)

**Celebration Date:** Jun 30<sup>th</sup>, 2019

**Hour:** 09.45 hrs.

**Category:** Adapted cycling

**Type of event:** International

**Place of celebration:** Elorrio

**Registration Place:** Elorrio

### ROUTMETRES

LOCATION	INCIDENCE	Ref.	KM	TIMETABLE	PERS.
		ROAD	RACE		AUX
Elorrio	Elizburu St. - START		0	09:45	6
Elorrio	Betsaide Street	BI-3331	0,3		2
Elorrio	Intersection Arraste Hiribidea	BI-3331	1,2		3
Elorrio	Connection N-636	N-636	1,6		4
Elorrio	Encirclement Elorrio	N-636	3,1		3
Elorrio	Roundabout San Agustín	Bi-3331	5,1		3
Elorrio	San Fausto Street	BI-3331	6,2		3
Elorrio	San Pio Street	BI-3331	6,9		3
Elorrio	Elizburu Street - FINISH	BI-3331	7,5		6

### STAGE 3. ELORRIO-ELORRIO







## PROGRAM.

Thursday, June 27<sup>th</sup>.

11.00 hrs. Presentation of the BIRA

Friday, June 28<sup>th</sup>.

16:00-21:00 hrs.: Accreditations and delivery of dorsal numbers. Kirol Etxea.

20:00 hrs.: Sports technicians Meeting.

Saturday, June 29<sup>th</sup>.

08:30-09:15 hrs.: Accreditations and delivery of dorsal numbers.

09:45 hrs. Start CRI Tricycles

10:00 hrs. Start CRI bicycles.

11:00 hrs. Start CRI Tandem

Saturday, June 29<sup>th</sup>.

15:45 hrs. Start Road Race Hand Bikes

Sunday, June 30<sup>th</sup>.

09:45 h. Start CRI Hand Bikes

10:15 h. Start Road Race Tricycles.

11:00 h. Start tandem race

11:20 h. Start race bikes

2:00 p.m. Trophies installment. Elorrio.





## REGULATION OF CLASSIFICATIONS AND AWARDS.

The BIRA is composed of two stages. The winner will be who get the least amount of time in the sum of them.

In each of the stages there will be an absolute winner (yellow jersey) for the modalities:

- Bikes
- Tricycles
- Handbikes.
- Tandems.

In addition, there will be one winner for each of the following categories:

- Bicycles: Categories C1, C2, C3, C4, C5.
- Tricycles: T1, and T2.
- Handbikes: H1, H2, H3, H4 and H5.
- Tandems.

There will be different partial and final classifications for men and women.

At the end of each stage trophies will be given to the absolute winners, as well as the first of each of the categories.

At the end of the race, trophies will be given to the absolute winners, as well as the first, second and third classified of each category. When the number of participants is less than 3 in a category, only the first one will be given to trophy.

Participants withdrawn in the first stage may participate in the second, not validating their result either for effect of both the stage and general.





## REGISTRATIONS

The inscriptions must be made through the website of the organizing entity [www.saiatu.org](http://www.saiatu.org) prior to June 15<sup>th</sup>, 2019. You can also send the inscription info by the following e-mail: [saiatu@saiatu.org](mailto:saiatu@saiatu.org)

In the inscription will be used exclusively the official annexes. Any other format will not be valid, and will must be fulfilled in its entirety by computer or using formal press letter writing, clarifying in detail of the chosen data.

Once the deadline is closed, no further registration will be accepted.

Being this year a registered competition in the international calendar of the International Cycling Union, participants must have the official UCI licence. The judges will not allow the participation of any athlete without this licence. We want to advice to all invited interested to participate in the race to homologate their licenses in their territorial federations of adapted sport.

The cost of registration is 35 euros for athletes, as well technicians and assistants.

## REGULATION

Everything related to the regulation of the race is given along the current regulations of the Spanish Cycling Federation, the International Cycling Union and the International Adapted Sport Federations.







The races, in some points, will be held with regulated open traffic. The participants must respect the circulation standards laws.

### IDENTIFICATION IN CAREER. HELMETS.

The use of the helmet is mandatory at all times of the races.

To facilitate identification, the different classes and categories shall use the helmet with the color defined in the official regulation.

#### Helmets Colors

##### Handbike

Orange helmet	: WH1
Green Helmet	: MH1
Yellow Helmet	: WH2
White helmet	: WH3, MH3
Red helmet	: WH4, MH4
Black helmet	: WH5, MH5

##### Tricycles

Blue helmet	: WT1
Black Helmet	: MT1
White helmet	: WT2
Blue helmet	: MT2

##### Tandems

White helmet	: WB
Red helmet	: MB

##### Bikes

Yellow helmet	: WC1, MC1
Black helmet	: WC2, MC2
Blue helmet	: WC3, MC3
White helmet	: WC4, MC4





Red helmet : WC5, MC5

### MEDICAL SERVICES.

The different stages that conform the BIRA will have contracted medical and ambulance services in accordance with the regulations of the Basque Cycling Federation.

Medical assistance can only be made by the health personnel hired by the organization of the race.

### TECHNICAL LOCAL

The Organization will provide an adequate space for the Technical Jury equipped with the necessary infrastructures to carry out its work.

### AUXILIARY AND CONTROL VEHICLES.

The organization will have as many neutral cars as required for the proper development of the race. Will be at least two vehicles specially adapted for access by persons with mobility disabilities who can assist retired athletes will also be available.

Due to the characteristics of the trials, the teams will not be allowed to follow the cyclists, except in the neutral cars authorized by the organization.

The broom car will also be an adapted vehicle.

The organization will have available for the Technical Jury as many vehicles as are necessary for the development of its functions, with at least two motorcycles.





## TIME TRIALS

The departure times for each participant are communicated well in advance, following the order of general classification.

In the trial to be held in Artxanda on the 29<sup>th</sup> morning, the first category to leave will be reserved for the bicycles, then the tricycles, and finally will come out the tandems.

In the Elorrio-Elorrio event, to be held on June 30<sup>th</sup> in the morning, the time trial for the handbikers is scheduled.

The departures will be given 30 seconds apart between the different participants.

If one participant presented a delay with respect to the scheduled time, the time will be penalized with the delay obtained.





### ACCOMMODATION AND INTERNAL DISPLACEMENT.

The organization will have for the participants disposal, the transport vehicles to reach the chosen accommodation point, from the train or bus station to the airport.

Likewise, the Organization will guarantee the transports to participate in the races.

Respect for accommodation and maintenance, the organization will cover the expenses of those registered as participants before May 31<sup>th</sup>, under the following conditions:

- Accommodation the nights of June 28<sup>th</sup> and 29<sup>th</sup>.
- Breakfast on the 29<sup>th</sup> and 30<sup>th</sup> of June.
- Dinner on June 30<sup>th</sup>.
- Lunch on June 30<sup>th</sup> (Elorrio).

The accommodation will be converted into a hostel or residence type establishment.

Participants wishing to stay in a HOTEL-type establishment must manage the reservation by their own means. The organization to partially compensate your expenses will return the amount of the registration in the test.

Also, all participants will be invited to the final meal that will be held in Elorrio immediately after the trophies are handed out.

For the participants of classes H1, H2, H3, H4, H5 and T1 and T2, the Organization takes into account the conditions of a single personal or technical assistant in the same conditions described above.

This election must be valid over time in the registration form that appears on the call of our website.





Family members and other companions must pay the accommodation and maintenance costs directly in the accommodation chosen by them.